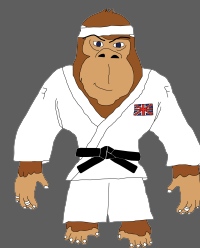


# Comberton J.C.



## Commonwealth Championships Selection

Three Comberton judo players have been selected to represent England in the Commonwealth Championships in September 2019

In the years where judo is not selected to be part of the Commonwealth Games, the Commonwealth Judo Commission run a stand alone judo competition open to all commonwealth countries. This year it will be held on home turf and England has selected three of our players to represent them. Once we know where to buy tickets, we will update the club on our Facebook page, please come and support.



**BEN**

Senior Men -60kg

26th September 2019



**JESSIE**

Senior Women -63kg

26th September 2019



**ROSIE**

Cadet Girls +78kg

29th September 2019



### Club Numbers

We are making massive strides to hit the 100 mark. We have now hit 85 BJA licenced members. Only 15 more to go to meet our target!



### Regional England Development Squad (REDS)

REDS is the first part of the performance pathway in England, it's aim is to develop 11-14 year olds. We currently have 1 player in this programme, Anna who currently attends the monthly training sessions, and hopefully more to follow soon.

## Olympic Training Camp, Croatia

Two of our athletes attended the European Judo Unions Olympic Training Camp in June 2019

Natasha took Ben and Jessie to the Olympic Training Camp (OTC) in Croatia for the second time. These camps vary in length and generally consist of two *randori* (sparring) sessions per day. Croatia was a 9 day camp, in which they were lucky enough to enjoy a couple of rest days.

These camps are hugely beneficial for our athletes as they allow them to get in the volume of training they need and fight the best judo athletes in the world. The camp was a great success and hopefully both will attend the next OTC in Hungary.



### ENGLISH MINORS

Anna and Carys fought for the first time at a national open event. It was a tough day of fighting but they both performed well and did the club proud.



### EAST ANGLIAN FOURS

Felicity coached Sunny, our only Comberton player who fought at the East Anglian Fours. Sunny fought well and won a bronze medal.



### UPCOMING EVENTS

7th July 2019 - Eastern Area Training, with guest coach Jemima Yeats-Brown. Age 8+, mat fees £3

14th July 2019 - Thetford Green Belt and under

14th July 2019 - Interclub festival at Littleport. Age 8+, Red and Yellow belt

10th August 2019 - Eastern Area Open (athletes to be selected by coaches)

26th/29th September 2019 - Commonwealth Championships

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