

# Comberton Judo Club

March to August at CJC



## Big changes!

So much has happened since the decision to part with Anglia Ruskin for all judo activity that we thought we'd best update everyone with a newsletter.

For those that don't know Comberton JC has worked in collaboration with Anglia Ruskin University since 2010. In March 2017 the decision was made that this was no longer working and therefore the decision was made to part ways. Since then Comberton JC has changed what it delivers, we now have full-time training (20hrs per week) for those who wish to excel, we run the Advanced Apprenticeship in Sporting Excellence, we're an England Performance Pathway centre and we've been really busy!

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### SPONSORED SWIM

Harvey did a sponsored swim and raised £178 for the club

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### GOLD AT KUMO

Anna competed at Kumo and won gold

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### REFEREEING

Tasha GW and Rosie refereed at the British school championships



### National teams

Five players from Comberton represented their county in the national teams



### Croatia

Ben Caldwell fought in the European cup in Dubrovnik & then did the training camp



### Spain

Toby and Rowan both represented England at the Junior Spanish European cup

## Japan

You couldn't help but notice eight members of the club went to Japan in June!

For the first time Comberton JC took a group of athletes to Japan to train. It was a fantastic trip, with a few days in Tokyo to settle in before going to the International Judo University.



Training was twice a day with fitness/Gym in the mornings and a three hour judo session every day except Sunday. The quality of judo was great and as always in Japan there was a good number of training partners. The two week trip was over quickly for most but not Ben Caldwell who stayed for six weeks! On week four he moved to Matsumae Judo Juku, which is a high school, where he did more technical work. Our next trip to Japan will be in 2019 and will coincide with the world judo championships, start saving.

## We still have lots of changes coming

We still have a lot more changes to make, we're making some changes to gradings for the children, we aim to run training days throughout the year and hopefully a summer camp in 2018. A Croatian team has already shown interest in joining us for this. As soon as we have more information we'll let you know. There is also a very large judo festival in Croatia in June, none of us have been before but we have heard it is amazing. There are sessions for children, adults, there is a research conference and much more. It is designed to be family friendly, once we know more we'll let you know.

Our new stash has arrived; normal t-shirts are just £10 and Under Armour stash can be ordered, please speak to the coaches. Promotion is essential if we're to meet our 100 members by December target.

### ADVANCED APPRENTICESHIP IN SPORTING EXCELLENCE

As part of the separation from Anglia Ruskin Comberton JC has taken on the delivery of the Advanced Apprenticeship in Sporting Excellence (AASE, said like Ace).

AASE is an apprenticeship for 16-18yo and can be done across a variety of sports. There are eight delivery centres across England for AASE specific to judo and Comberton JC is proud to be one of them.

Our current 6 AASE athletes will be leaving us in July and a new group of 5 will start in September. AASE is run by Tash so if you have any questions she's the one to ask!



## ANGLIAN TEAM LEAGUE

The Anglia Team League is a new event in the judo calendar and is only in its second year. Any club in the country can enter a team men's team of 5 or a women's team of 3, they can even borrow players from other clubs. Comberton entered a men's team and two women's team. Our women's B team consisting of Emy, Tara and Rosie managed to win **gold** whilst the men's team secured **Silver**. All three teams fought really well all day and we're looking forward to entering even stronger teams next year. We're particularly please that we only borrowed one player to make those three teams which is pretty impressive. We were one of the only clubs there able to do that and the vast majority of clubs couldn't even get a team together.



## NEW WEBSITE

You may have notice there is a new website, a vast improvement on the last one. There are still some teething problems with it so please have a look around and if you spot any issues, however small, please let us know.

The website is very important, it brings in members and hopefully it will eventually bring in sponsorship.

## Save the date!!

The 5th November is the Eastern area closed. This event is closed to clubs from the Eastern area only. It is used to rank the clubs in the area with points for medals and points just for numbers there. Please save this date, we want everyone fighting, it's time we claimed our place as the number one club in East Anglia



### London Open

Jessie and Ben won bronze and silver respectively in the seniors



### English Open

We had four players in the English open - Ben, Jessie, Rowan and Toby. All players finished 5th, one place away from a medal!



### Training day

Comberton JC hosted a regional training day. The main aim of this was to recruit for AASE. We had 18 people attend in total and the day was a great success.